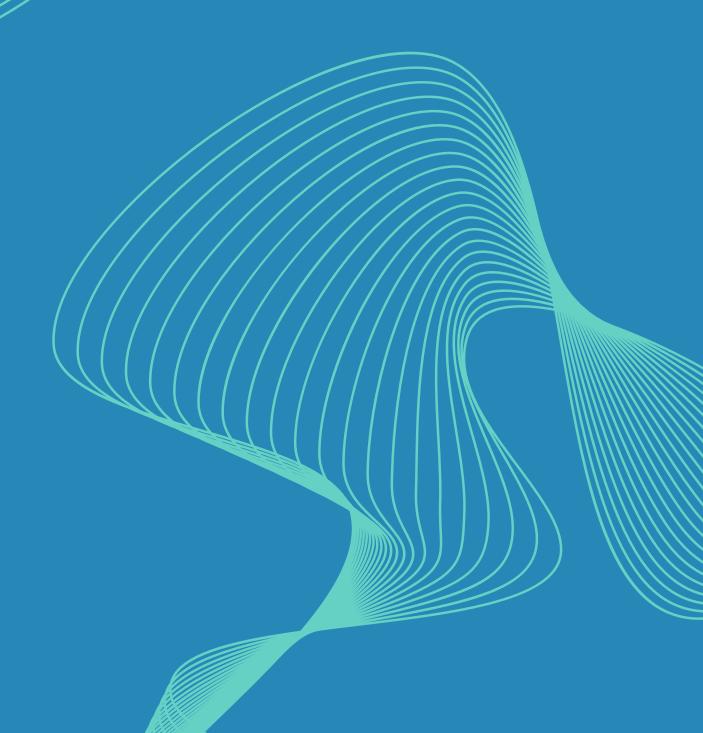


PSD Curriculum





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Personal, Social and Development

At Blanche Nevile School, we are committed to providing a highquality Personal, Social and Development (PSD) curriculum that supports our pupils' personal growth and lifelong wellbeing. Our programme is carefully structured around three core themes: health and wellbeing, relationships, and living in the wider world. This adapted curriculum is designed to meet the specific needs of our deaf learners, offering clear progression and meaningful opportunities to develop the knowledge, skills, and attributes they need to thrive-both in school and beyond. It also ensures pupils are well prepared for life and work in modern Britain.

Our PSD programme plays a vital role in safeguarding, promoting wellbeing, and preparing all pupils for their next steps in education, employment, and adult life. Through the PSD curriculum, pupils are supported to:

- Understand themselves by identifying their personal qualities, skills, achievements, and the influences that shape them.
- Develop resilience and confidence to manage challenges, make informed choices, and seek support when needed.
- Reflect on their values and beliefs, while learning to respect others and appreciate different perspectives.
- Apply academic and social skills, such as critical thinking, communication, and decision making, to real-life contexts.
- Enhance their spiritual, moral, social and cultural development, helping them become responsible and active members of society.



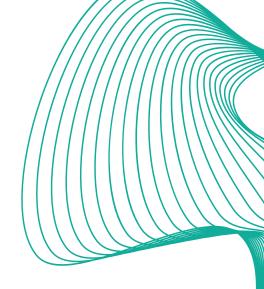
At Blanche Nevile School, Personal, Social and Development is a key part of our curriculum. It helps our pupils build the knowledge, skills and confidence they need to lead safe, healthy and fulfilling lives. We follow the Department for Education's guidance and use units of work from the PSD Association's Programme of Study. All students in Key Stage 3 have two timetabled PSD lessons each week, supported by focus days, workshops and special events across the year. These are often delivered by expert organisations such as SignHealth and the National Deaf Children's Society (NDCS).

The PSD curriculum supports our pupils to:

- Understand themselves and others
- Build strong, respectful relationships
- Develop resilience and emotional wellbeing
- Make informed decisions
- Become active and responsible members of society

A key part of PSD is Sex and Relationships Education (SRE). Pupils learn about healthy relationships, consent, and how to seek advice or support when needed—all delivered in an age-appropriate and accessible way.

Our PSD curriculum is carefully adapted to meet the needs of our deaf learners, ensuring all pupils are supported to thrive both now and in the future.



At Blanche Nevile School, all Key Stage 4 students follow a comprehensive Personal, Social and Development programme as part of our statutory curriculum. The course is built around units from the PSD Association's Programme of Study and elements of Citizenship Education.

PSD lessons support students' spiritual, moral, cultural, mental, and physical development, preparing them for the opportunities, responsibilities, and experiences of adult life. The curriculum is centred around three core themes:

- Health and Wellbeing
- · Relationships
- · Living in the Wider World

In addition to timetabled lessons, form tutor time and assemblies are used to explore current and topical issues. This broader PSD provision also covers key areas such as British Values, safeguarding, and preparation for adulthood.

The course is non-certified for most students to allow flexibility and ensure it can be tailored to individual needs. This approach also allows us to include meaningful enrichment opportunities throughout the year, such as:

- · Basic First Aid training
- · Attendance at the Deaf Careers Fair
- · Visits from external speakers and professionals relevant to students' interests and needs

Our adapted PSD curriculum ensures that deaf students receive accessible, relevant, and empowering education that helps them build the confidence and skills they need to thrive in the wider world.

PSD (Personal, Social and Development) Curriculum Map 2025-2026

KS3 Class	Autumn Term Living in the wider world		Spring Term Health & wellbeing		Summer Term Relationships & Sex Education	
Year 7A	Transition and safety	Friendship / Bullying	Health and Physical Fitness	Health and puberty How to talk about	Adolescent Body Changes	Building relationships
Year 7B	Transition to secondary school and personal safety in and outside school.	Qualities of good friends, bullying behaviours, how to deal with conflict, team work	Healthy routines, links between poor diet and health risks, characteristics of a healthy lifestyle positive associations with physical activity	emotions accurately and with sensitivity, what is mental health and why is it important? Benefits of physical activity on mental health.	Body parts and changes reviewed, hygiene/healthy routines.	Self-worth, romance and friendships (including online) and relationship boundaries, unwanted contact, FGM
Year 8A	Digital literacy Online safety, digital literacy, media reliability, and gambling hooks	Financial decision making Saving, borrowing, budgeting and making financial choices	Health Prevention Bacteria, viruses, treatment and prevention; dental care; link between diet/exercise and health risks eg: diabetes, blood pressure	Basic First Aid Different types of accidents, injuries; health services; emergency services.	Families & Marriage Different families, marriage and forced marriage and changing relationships	Pregnancy & Parenting Roles and responsibilities of parents, different family / pregnancy options
Year 8B						
Year 9A	Self-Confidence	Goal-Setti	Influences – Peer	Influences –	Identity,	Online Risks
Year 9B	Strengths and weaknesses, self-confidence and self-talk; differences/diversity; body-confidence.	ng Learning strengths, career options and goal setting as part of the GCSE options process	Pressure Healthy and unhealthy friendships, role-models, assertiveness, and gang exploitation	Media/Digital The influence and impact of the media (Body-confidence)	Relationships & Sex Education Gender identity, sexual orientation, consent.	Coercion, grooming harassment, 'curating an Instagram life'; online addiction, how to report or find support.

KS4 & Pathway	Autumn Term Living in the wider world		Spring Term Health & wellbeing		Summer Term Relationships & Sex Education	
Year 10A Year 10B	Discrimination, Prejudice & Equality Identify discrimination, prejudice and stereotypes; The Equality Act 2010; how to promote	Conflict Resolution Types of conflict, communication styles, domestic violence, conflict resolution skills.	Smoking, Alcohol & Drugs Risks and effects of smoking, alcohol and recreational drugs. Addiction.	Mental health (Support) Mental health and ill health, stigma, safeguarding health, including during periods of transition or change, where to access support	Mental health (Support) Mental health and ill health, stigma, safeguarding health, including during periods of transition or change, where to access support	Dealing with Sexual Pressure Relationships and sex expectations, myths, pleasure and challenges, including the impact of the media and pornography
Year 11A Year 11B	Your Future & Beyond Application processes, employability, online presence and skills for further education, employment and career progression	Legal & Illegal Drugs substance use, drug misuse and pressures relating to drug use	Legal & Illegal Drugs substance use, drug misuse and pressures relating to drug use	Sexual Health Unit Consent, STI prevention, treatment, pregnancy options	Contraception (review) Types of contraception	Adult Health and Looking after yourself Responsible health choices, and safety in independent contexts



