



PSD Curriculum

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PERSONAL



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Personal, Social and Development

At Blanche Nevile School, we are committed to providing a high-quality Personal, Social and Development (PSD) curriculum that supports our pupils' personal growth and lifelong wellbeing. Our programme is carefully structured around three core themes: health and wellbeing, relationships, and living in the wider world.

This adapted curriculum is designed to meet the specific needs of our deaf learners, offering clear progression and meaningful opportunities to develop the knowledge, skills, and attributes they need to thrive—both in school and beyond. It also ensures pupils are well prepared for life and work in modern Britain.

Our PSD programme plays a vital role in safeguarding, promoting wellbeing, and preparing all pupils for their next steps in education, employment, and adult life.

Through the PSD curriculum, pupils are supported to:

- Understand themselves by identifying their personal qualities, skills, achievements, and the influences that shape them.
- Develop resilience and confidence to manage challenges, make informed choices, and seek support when needed.
- Reflect on their values and beliefs, while learning to respect others and appreciate different perspectives.
- Apply academic and social skills, such as critical thinking, communication, and decision-making, to real-life contexts.
- Enhance their spiritual, moral, social and cultural development, helping them become responsible and active members of society.

At Key Stage 3

At Blanche Nevile School, Personal, Social and Development is a key part of our curriculum. It helps our pupils build the knowledge, skills and confidence they need to lead safe, healthy and fulfilling lives. We follow the Department for Education's guidance and use units of work from the PSD Association's Programme of Study. All students in Key Stage 3 have two timetabled PSD lessons each week, supported by focus days, workshops and special events across the year. These are often delivered by expert organisations such as SignHealth and the National Deaf Children's Society (NDCS).

The PSD curriculum supports our pupils to:

- Understand themselves and others
- Build strong, respectful relationships
- Develop resilience and emotional wellbeing
- Make informed decisions
- Become active and responsible members of society

A key part of PSD is Sex and Relationships Education (SRE). Pupils learn about healthy relationships, consent, and how to seek advice or support when needed—all delivered in an age-appropriate and accessible way.

Our PSD curriculum is carefully adapted to meet the needs of our deaf learners, ensuring all pupils are supported to thrive both now and in the future.

At Key Stage 4

At Blanche Nevile School, all Key Stage 4 students follow a comprehensive Personal, Social and Development programme as part of our statutory curriculum. The course is built around units from the PSD Association's Programme of Study and elements of Citizenship Education.

PSD lessons support students' spiritual, moral, cultural, mental, and physical development, preparing them for the opportunities, responsibilities, and experiences of adult life. The curriculum is centred around three core themes:

- **Health and Wellbeing**
- **Relationships**
- **Living in the Wider World**

In addition to timetabled lessons, form tutor time and assemblies are used to explore current and topical issues. This broader PSD provision also covers key areas such as British Values, safeguarding, and preparation for adulthood.

The course is non-certified for most students to allow flexibility and ensure it can be tailored to individual needs. This approach also allows us to include meaningful enrichment opportunities throughout the year, such as:

- Basic First Aid training
- Attendance at the Deaf Careers Fair
- Visits from external speakers and professionals relevant to students' interests and needs

Our adapted PSD curriculum ensures that deaf students receive accessible, relevant, and empowering education that helps them build the confidence and skills they need to thrive in the wider world.

At Key Stage 3

PSD (Personal, Social and Development) Curriculum Map 2025-2026

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